



“I BELIEVE THAT I COUNT IN THIS WORLD.”

- DAP WOMEN'S PROGRAM CLIENT

domestic abuse project
2010 ANNUAL REPORT

domestic abuse project – 2010 numbers

- In 2010, nearly 4,300 women, men and children participated in a DAP program.
- DAP therapy staff provided services to 666 people: 387 men, 141 women, and 138 children and adolescents.
- A total of 3,627 people participated in DAP's Advocacy Programs (97% women, 3% men).



What does domestic violence look like in the community?

- **28** women, men, and children were **killed** in Minnesota in 2010 as a result of domestic violence (Minnesota Coalition for Battered Women, *2010 Femicide Report*).
- In Minneapolis in 2010, there were **17,446 domestic assault calls to 911**, yet the most recent Minnesota Crime Victim Survey indicates that “less than 1 out of 3 episodes of domestic violence were reported to police.”
- In 2007, respondents to the Minnesota Crime Victim Survey who indicated that they were victims of domestic violence noted that **children were present during the abuse 47% of the time**.
- According to the Wilder Research Center's *Homeless in Minnesota 2007* report, **31% of women** surveyed were **homeless at least in part because of domestic abuse**.
- According to the American Institute on Domestic Violence, over **1.7 million workdays are lost each year because of domestic violence**. Employers lose between \$3 billion and \$5 billion every year in absenteeism, lower productivity, higher turnover, and health and safety costs associated with employees experiencing domestic violence.

At Domestic Abuse Project (DAP), our mission is simple:

We work to stop domestic violence. We do this one man at a time, one woman at a time, and one child at a time, using our proven counseling and educational programs.

To stop domestic violence, we also work to prevent it. We do this with individuals through counseling and education, but also by working closely with partner organizations throughout your community.

DAP's partnerships with community and policy leaders, with higher education, with the law enforcement and court systems, and with human service organizations, have helped strengthen the community's response to domestic violence on a daily basis.

services

WOMEN

DAP helps women get the help they need to be safe. We do this through individual counseling and a powerful group program that focuses on the definitions of abuse, on recognizing that abuse is not their fault, and on safety, healing, and rebuilding self-esteem. Latinas Unidas is DAP's Spanish-language women's group, which includes culturally-specific topics relevant to Latinas. DAP also conducts a Women's Aftercare/ Restorative Parenting group.

DAP provides free legal advocacy to victims of domestic violence. DAP advocates help victims learn about court processes and their legal rights, and accompany women to court hearings. Advocates provide support, assist with safety plans, and help women get the resources they need (i.e. food, housing, medical care, transportation to safety or court, etc.). DAP provides opportunities to get help within the victim's community through our advocates at DAP's NorthPoint and Little Earth offices. DAP advocacy services are available in English, Spanish, Somali, Oromo, and Ki Swahili.

MEN

At DAP, we believe that violence is a learned behavior, and that more positive behaviors can be learned to take the place of abuse and violence. One key to change

is helping men take responsibility for their actions and understand their emotions. With a solid plan for self-control, DAP counselors have seen men make different, healthier decisions about how to act.

DAP's Men's Program is a highly-effective combination of education and group sessions that help men end abusive behavior. DAP also offers Hombria, a program for Spanish-speaking men, which includes a cultural component focusing on strength, integrity, and family.

YOUTH & ADOLESCENTS

DAP provides age-specific groups for children and adolescents who have witnessed domestic violence in their home. Through group and individual counseling, DAP helps to create a place that is safe, where children can share their feelings and stories, helping them to break the secret of domestic violence, understand that the abuse is not their fault, and strengthen self-esteem. In addition, DAP has groups for adolescent girls who have experienced dating violence or witnessed violence at home, as well as a group for adolescent males who have been abusive in a dating or family relationship or who are at risk for violence.



**one man
at a time,
one woman
at a time,
and one
child
at a time**



stop

WOMEN - OUTCOMES

100% of women who used DAP's advocacy services in 2010 stated that the services they received were helpful and necessary.

"I know the abuse was not my fault and I am not responsible for it, but I can stop it."

- DAP Women's Program client

"I was received with open arms. I felt like they knew exactly how to help me. I'm so glad I called them for help."

- DAP Advocacy Program client

90% of women who completed DAP's Women's Program report six months later that they can use their self-protection plan to protect themselves from further violence.

"I've said no and followed through with it more often. I am a lot more gentle with myself."

- DAP Women's Program client

"Todo, gracias por su ayuda que me ayuden en Espanol."

- DAP Advocacy Program client

"DAP has been one of the pioneers in helping to get the system of justice to work more seriously with the problems of domestic violence. They may not have always agreed with the bench, but they have worked very constructively with judges. They are honest critics and honest supporters."

- Judge Kevin S. Burke, Hennepin County District Court

MEN - OUTCOMES

91% of men who completed DAP's Men's Program were reported non-violent at a six-month follow-up.

92% had no additional domestic assault charges one year after program completion.

On an anonymous program feedback survey conducted at the end of the Men's Program, the two most common answers to "What was the most helpful part of the group?" were: hearing other men's stories and feedback, and being able to talk about their own situations.

DAP helped me learn "That I am ultimately responsible for my behavior, no matter what is happening around me."

- DAP Men's Program client

YOUTH & ADOLESCENTS - OUTCOMES

100% of children who completed DAP's Youth Program had developed a self-protection plan.

DAP taught me "That it's OK to call the cops."

- DAP Youth Program client

"...if my brother hurts me, I can say, "Abuse is not OK."

- DAP Youth Program client

On an anonymous evaluation survey conducted at the end of the Children's Program, many of the children voluntarily mentioned that they had learned how to protect themselves and say "No" to violence.

"[DAP] helped me kinda think about things that I shouldn't do and what I should do. The hitting that I do with people is not a good thing."

- DAP Youth Program client



**building
healthy
relationships
and
changing
lives**

programs for the whole family

WOMEN - OUTCOMES

100% of women who used DAP's advocacy services in 2010 stated that they had learned new ways to keep themselves safe.

"I am starting to appreciate how far I've come rather than hating myself for what has happened."

- DAP Women's Program client

"I've been able to see that I do deserve better, and I am able to love myself again."

- DAP Women's Program client

100% of women who used DAP's advocacy services in 2010 stated that they had learned about available services related to their situation.

What did I find most helpful about DAP's advocacy services? "Being talked to like I wasn't the person who did wrong."

- DAP Advocacy Program client

"DAP has helped many survivors - women getting help and getting out, but also helping families stay together if they want to. DAP's the only program I know of that helps keep them together."

- Barbara Lewis Freeman, DAP Advocate, NorthPoint

92% of women who felt they had changed since attending DAP's Women's Program used terms including "stronger," "more confident," "hope," and "strength," to describe the way they had changed.

"I have worked with DAP since I was a patrol officer on the street. The primary goal of policing is to prevent crime. A crime prevented is always better than a crime solved. DAP helps us serve our domestic assault victims so that they do not become repeat victims."

- Timothy J. Dolan, Minneapolis Police Chief



prevent

MEN - OUTCOMES

80% of the men in DAP's Men's Program demonstrated a change in attitudes and beliefs at program completion.

"Even though I have been abusive, I am not a bad person. I can change, and my emotions are valid."

-DAP Men's Program client

74% of the men at a six-month follow-up had successfully recognized cues to their abusive behavior and implemented their self-control plans.

I've learned "That I have an amazing capacity for empathy."

-DAP Men's Program client

Men who completed the Men's Program frequently mentioned on an evaluation form that learning how to take responsibility for their behavior and avoid violence were the most helpful things they learned about themselves. Many men also mentioned that learning about the cycle of violence was the most helpful part of their education sessions.

"What the guys learn at DAP, they're then teaching to their children, and so it breaks the cycle. Things like learning to take time-outs. Now [their kids] are

learning their cues and can take a time-out before they fight."

- Colleen Morrisette, Intern Therapist, DAP Men's Program

YOUTH & ADOLESCENTS - OUTCOMES

94% of children who completed DAP's Youth Program could verbalize that the abuse was not their fault.

This was further illustrated by comments from the youth on evaluation forms at program completion about how much it meant to them to learn that they were not alone.

DAP helped me:

"To know that the fighting in my family is not my fault."

- DAP Youth Program client

"[DAP] taught me it's okay to be safe."

- DAP Youth Program client

"I can be strong without hurting others."

- DAP Youth Program client



**offering
hope,
inspiring
change**

PARTNERS IN THE COMMUNITY

The Greater Minneapolis Crisis Nursery provides around-the-clock counseling and residential child care for families in crisis, work that strengthens families and prevents child abuse and neglect. In 2010, the Crisis Nursery reached out to DAP because they were finding that the families they helped had many of the same risk factors found in families where domestic violence was present.

DAP met with the staff at Crisis Nursery and provided training and background about methods for dealing with domestic violence. As a result, the Crisis Nursery has revised its intake process to identify and address situations of domestic violence.

“[Working with DAP] changed the way we approach families. I feel like we’ve taken the secret out of this issue – we’ve made this a place where families can talk about these issues without shame, without embarrassment.”

– Molly Kenney, LICSW, Family Services Director,
Greater Minneapolis Crisis Nursery

The Sojourner Project provides safe shelter for women and children as well as advocacy and education for people victimized by domestic violence. When DAP was looking for ways to connect with more women and

children, they got in touch with Sojourner. The shelter staff had noticed that they were starting to see long-term problems in women who had once stayed at the shelter, and they were beginning to see the daughters of those women seeking help of their own. DAP therapists began working on-site with women and children who were staying at the shelter and also with non-resident clients. DAP also consulted with Sojourner staff to help with community-based programs. DAP therapists are still on-site at Sojourner today, providing therapy and conducting a Restorative Parenting class.

“Our experience with DAP staff can be described in 3 words: Enriching, Encouraging, and Effective. A result of this experience is that we have a stronger-than-ever belief in the value of this partnership for those who work here and for those who count on us.”

– Helen Chargo, Executive Director, Sojourner Project

The Broadway School is a public high school especially for teenage parents or pregnant teens. Several years ago, administrators reached out to DAP after one of their students was murdered by a boyfriend. Funding was given by the Phillips Foundation, the Otto Bremer Foundation, and the Carolyn Foundation for DAP to hold



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strengthen

a weekly class called The Psychology of Relationships. The class continues today, reaching 30 girls per quarter, helping them identify early signs of abuse and develop assertive communication skills.

“Broadway supports me to still have confidence that I can accomplish my dreams of graduating high school even though I have a daughter. I am still a capable person in life.”

– Broadway School Student, 15 years old

PARTNERS IN EDUCATION

DAP works closely with several graduate school programs in the Twin Cities, which place students for clinical practicum training and internships at DAP. Students in the Masters or Psy.D programs in Counseling Psychology or Social Work at schools including Argosy University, the University of Minnesota, St. Catherine’s, and St. Thomas, serve as interns, working directly with clients in DAP’s Men’s, Women’s, and Youth Programs.

“The students I have supervised and worked with have absolutely been transformed by their training at DAP. The content of the training they

receive provides a solid foundation for working with the many clients they will have in the future who have been affected by domestic violence. Additionally, they experience a supportive learning environment.”

– Ashley Sovereign, Psy.D, Co-Director of Practicum Training, Argosy University

PARTNERS IN THE LEGAL SYSTEM

In 2010, the Minneapolis City Attorney’s Office introduced a program to begin addressing systemic issues that were impacting their response to domestic violence. They introduced a program to identify repeat domestic violence offenders, and then asked DAP to provide enhanced services for these victims. Today, when a police report is filed for one of these defendants, a city attorney and police investigator immediately review the case for further investigation and charging, and a DAP advocate follows up with services and support for victims.

“We found a limitation in the work, and were able to work with partners like DAP to get better services for victims, but also for prosecutors and police.”

– Michelle Jacobson, Supervising Attorney, Minneapolis City Attorney’s Office



**building
healthy
relationships
and changing
lives**

**strengthen
our
community's
response
to violence**

**PARTNERS IN THE
CRIMINAL JUSTICE SYSTEM**

The Probation Officers in the Hennepin County Adult Probation Field Services office rely heavily on DAP's services to criminal defendants who have been convicted of domestic abuse-related offenses. DAP has worked collaboratively to make communications between the organizations convenient, providing officers information for real-time case management and client accountability. DAP advocates are in the Adult Field Services offices every week, meeting with victims, staffing cases, and assisting the officers. DAP was involved in the new Veteran's Court Pilot Project, helping planners and organizers get buy-in from the many involved parties who work with domestic violence offenders.

"The Probation Officers feel that a defendant who has successfully completed - completed being the operative word - the men's program at DAP stands a better chance of making life changes than without that service."

- Nancy Halverson, Corrections Unit Supervisor,
Adult Field Services, Hennepin County

In 2010, Minneapolis Police Chief Timothy J. Dolan was awarded the Verizon Wireless HopeLine® Law Enforcement Partnership Award. Verizon Wireless, a corporate leader in domestic violence prevention, noted that they were particularly proud to recognize Chief Dolan for the fact that there were no domestic homicides in Minneapolis in 2009.

DAP recommended Chief Dolan for this award because of his long-time commitment to strengthening police response to domestic violence. Chief Dolan supported implementation of city-wide domestic abuse training for all 800 Minneapolis police officers, resulting in better evidence collection and police reports.

"DAP has played a major role in how the criminal justice system views domestic assault. A lot of people do not understand the complexities of domestic assault . . . They have made us more aware that these are relationships that are difficult to walk away from. DAP has helped advocate for legal changes that help make us better at dealing with cases, and they help us with our cases."

-Timothy J. Dolan, Minneapolis Police Chief

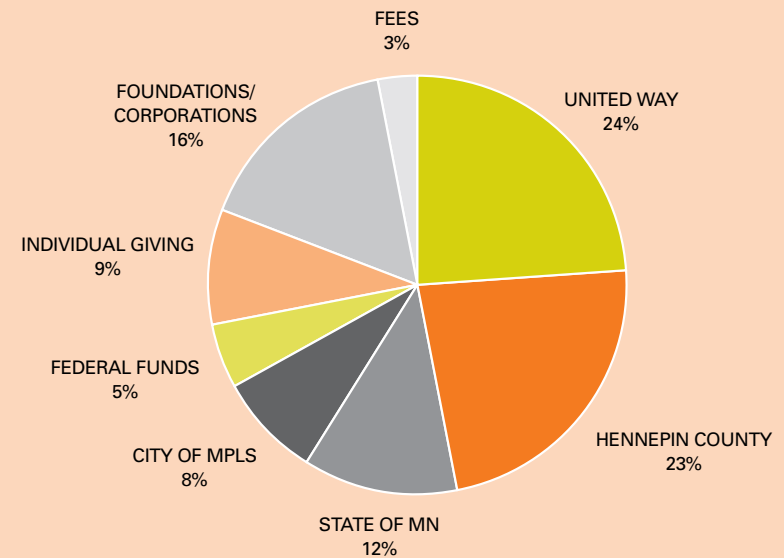


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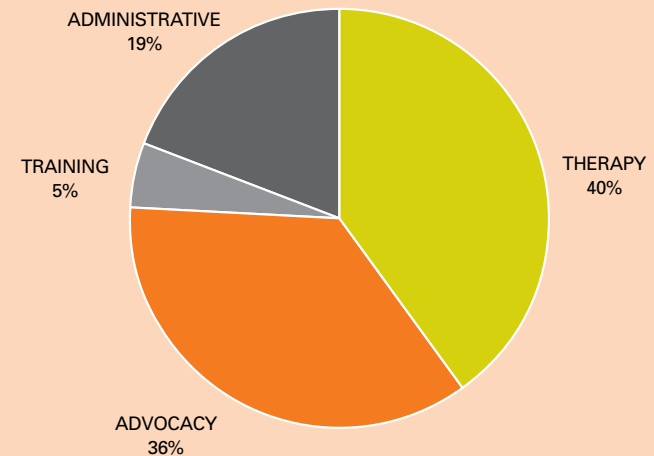
BALANCE SHEET

Cash	\$111,719
Promises to Give (United Way)	201,141
Pledges Receivable, net	116,107
Grants & Service Contracts Receivable	186,270
Other Current Assets	16,279
Total Current Assets	\$631,516
Fixed Assets, net	81,210
TOTAL ASSETS	\$712,726
Accounts Payable	\$5,410
Accrued Expenses	93,342
Notes Payable	187,465
Total Liabilities	\$286,217
Unrestricted Net Assets	65,994
Temporarily Restricted Net Assets	360,515
Total Net Assets	\$426,509
TOTAL LIABILITIES & NET ASSETS	\$712,726

REVENUES: \$1,527,070



EXPENSES: \$1,488,340



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